

## Multigrid methods and automatic segmentation: an application to CT images of the liver

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### Resumen

We consider a segmentation problem which arises in medical imaging and liver surgery. The model problem is based on an active contour without edges technique formulated in a level set dictionary. Previous work indicates that a feasible solution can be obtained solving the gradient descent equation associated to the original minimization problem but the convergence of the algorithm is too slow for practical clinical purposes. Here, we study the implementation of multigrid methods to the elliptic problem and the numerical results are compared with the parabolic approach.

## 1. Introduction

Planning liver surgery requires accurate volumetric measures of the organ to be operated on. After acquiring images of the adequate modality for a certain organ, the main step of the process is the segmentation of the organ, which is generally carried out by manually using a software platform. Manual delineation of the liver is time-consuming and can lack repeatability among users. This leads to the need of developing automatic segmentation techniques. The automatic segmentation of the liver is quite challenging due to several structural reasons, among with, the fact that the Hounsfield units corresponding to the liver are the same as those of neighbouring organs, so the use of simple gray level segmentation methods give inaccurate results. Also, the shape and size of the liver can vary a lot between patients, making it difficult to impose a priori conditions on pure statistical based models. Recently, we proposed a PDE based method for the automatic

segmentation of the liver, which needs no a priori shape or size information and stops automatically [2]. It is based on Total Variation regularization, a very useful technique in image restoration [11]. The associated PDE is solved following a gradient descent method [2]. Results of the algorithm have been compared to manual segmentations by an expert with good correlation. The convergence of the gradient descent implementation, however, is too slow for practical clinical use.

In this work we study the possibility to accelerate the algorithm using multigrid techniques. Multigrid methods are generally accepted as being the fastest numerical methods for the solution of elliptic partial differential equations [4] but their performance and accuracy depend on the structural difficulties of the underlying PDE.

This paper is organized as follows: in section 2 the model is described in detail and in section 3 the algorithm is shown. Section 4 shows some results on clinical datasets. Finally, we discuss our conclusions and some open problems which deserve a throughout study (section 5).

## 2. Model equations

Efficient resolution of segmentation models is a basic problem in image processing and computer vision. We consider here the active contour method proposed by Chan and Vese, [7], which can be deduced from the piecewise Mumford-Shah model for image segmentation [5]. In its level set formulation this leads to consider a quasilinear elliptic equation for the Total Variation (TV) differential operator (which corresponds to the  $p$ -laplacian operator for  $p = 1$ ). Basically the active contour is the set of discontinuities of the Mumford-Shah problem (the *minimal partition problem*) and the resulting functional defines gradient descent evolution equations to deform the active contour which provide the final segmentation. Considering that the original problem is an elliptic one, this amounts to solve parabolic equations until stabilization and it is typically slow, not feasible for medical image segmentation [2]. Moreover, these variational problems have multiple (local and global) minima and this makes the initial conditions for gradient descent critical. Some effort has been dedicated to speed up the algorithms involved in the resolution of TV operator in this context [8] and we explore here their suggestions. Reformulating the original, not convex minimization problem associated to the two-phase (binary) Chan-Vese model (CV) as a convex one we solve the Chan-Essedouglu-Nikolova model (CEN) in a multigrid framework.

**Chan-Vese model** Let  $\Omega \subset \mathbb{R}^2$  be an open, bounded domain (usually a rectangle) where  $(x, y) \in \Omega$  denotes pixel location and  $I_0(x, y)$  is a function representing the intensity image values. The Chan-Vese model for binary segmentation is based on the minimization of an energy functional expressed in terms of a level set dictionary which we briefly resume. Let  $\omega \subset \Omega$  be an open (eventually not connected) positive measured sub-region of the original domain. If the curve  $C$  represents the boundary of such a segmentation  $\omega$  then, in the level set formulation, the (free) boundary  $C$  is the zero level set of a Lipschitz function  $\phi : \Omega \rightarrow \mathbb{R}$ , that is:  $C = \{(x, y) \in \Omega : \phi(x, y) = 0\}$ ,  $C = \partial\omega$  where  $\omega = \{(x, y) \in \Omega : \phi(x, y) > 0\}$ ,  $\Omega \setminus \bar{\omega} = \{(x, y) \in \Omega : \phi(x, y) < 0\}$ . Let  $H(\phi)$  be the Heaviside function defined by  $H(\phi) = 1$  if  $\phi \geq 0$  and  $H(\phi) = 0$  otherwise. Notice that the term  $H(\phi)$  parametrize

the level set in the class of binary functions. The level set function  $\phi$  (the active contour) can be characterized as a minimum of the following energy functional:

$$J_{cv}(\phi) = \mu \int_{\Omega} |\nabla H(\phi)| dx dy + \lambda_{in} \int_{\Omega} H(\phi) e_{in} dx dy + \lambda_{out} \int_{\Omega} (1 - H(\phi)) e_{out} dx dy \quad (1)$$

where  $\mu$ ,  $\lambda_{in}$  and  $\lambda_{out}$  are parameters which can be considered as weight factors which control the trade off between smoothness ( $\mu$ ) and the fidelity data terms ( $\lambda_{in}$ ,  $\lambda_{out}$ ). The functions  $e_{in}$ ,  $e_{out}$  are defined as [2]

$$e_{in}(\phi) = \left( \frac{\int_D I_0 dx dy}{|D|} - c_{in}(\phi) \right)^2, \quad e_{out}(\phi) = \left( \frac{\int_D I_0 ds dr}{|D|} - c_{out}(\phi) \right)^2 \quad (2)$$

where  $D = D_{x,y} \subset \Omega$  is a neighbour centered at pixel  $(x, y) \in \Omega$ . The local mean term in (2) is a slight modification of the functional proposed in [8] which we proposed in [2]. A two step algorithm which makes  $e_{in}$ ,  $e_{out}$ ,  $c_{in}$ ,  $c_{out}$  explicit is implemented. The (constants)  $c_{in}$  and  $c_{out}$  are the mean value inside ( $c_{in}$ ) and outside ( $c_{out}$ ) the binary segmentation.

Following variational calculus, the minimum of (1) corresponds to a solution of the Euler-Lagrange equation:

$$0 = \delta_{\epsilon}(\phi) \left[ \mu \nabla \cdot \left( \frac{\nabla \phi}{|\nabla \phi|} \right) - \lambda_{in} e_{in}(\phi) + \lambda_{out} e_{out}(\phi) \right], \quad a.e. (x, y) \in \Omega \quad (3)$$

where  $\delta_{\epsilon}(\phi)$  is a non-compactly supported, smooth approximation of the Dirac delta function  $\delta(\phi)$  located at  $C$  [7]. The equation is complemented with (no flux) homogeneous

where  $\nu(\xi) := \max\{0, 2|\xi - 1/2| - 1\}$  is a penalty term and  $\alpha$  has to be properly chosen [8]. The (global) minima of the energy (4) correspond to a solution of the Euler-Lagrange equation:

$$0 = \mu \nabla \cdot \left( \frac{\nabla \phi}{|\nabla \phi|} \right) - \lambda_{in} e_{in} + \lambda_{out} e_{out} - \alpha \nu'(\phi), \quad a.e. (x, y) \in \Omega \quad (5)$$

which we discretize in the following section.

## 2.1. Numerical Implementation

The fast and accurate numerical resolution of the TV operator is still a challenging problem and it has been typically solved by finite difference discrete formulations embedded in time-marching schemes. Interesting contributions are due, among many others, to Vogel and Oman, [12], with the so called *lagged diffusivity method* which corresponds to a fixed-point iteration, Chan *et al.* with their *primal-dual* method [6] and Oman for a multigrid approach [10] in the context of denoising and deblurring. In this section we describe and compare the algorithms we used to solve (5). A number of additional difficulties arise when considering (5) which are associated to the multivalued character of the subdifferential of the penalty term. We shall discuss this in the last section.

**Parabolic equation** Instead of solving the elliptic equation (3) directly, we solve the associated parabolic equation:

$$\frac{\partial \phi}{\partial t} = \delta_\epsilon(\phi) \left[ \mu \nabla \cdot \left( \frac{\nabla \phi}{|\nabla \phi|} \right) - \lambda_{in} e_{in} + \lambda_{out} e_{out} \right] \quad (6)$$

This introduces an *artificial* time which diminishes the difficulties inherent to the TV elliptic operator. A simple  $L^1$ -norm bound is selected as a stopping rule between consecutive iterations. The derivatives are implemented with a finite difference scheme, where  $D_d^\pm$  denote the forward (backward) difference in the direction  $d$ . The parabolic equation (6) is solved by an explicit gradient descent method:

$$\begin{aligned} \frac{\phi^{n+1} - \phi^n}{\Delta t} = \delta_\epsilon(\phi^n) & \left[ \mu D_x^- \left( \frac{D_x^+ \phi^n}{\sqrt{(D_x^+ \phi^n)^2 + (D_y^+ \phi^n)^2 + \epsilon_1}} \right) + \right. \\ & \left. + \mu D_y^- \left( \frac{D_y^+ \phi^n}{\sqrt{(D_x^+ \phi^n)^2 + (D_y^+ \phi^n)^2 + \epsilon_1}} \right) - \lambda_{in} e_{in} + \lambda_{out} e_{out} \right] \end{aligned}$$

where  $e_{in}$  and  $e_{out}$  are computed using (2) and  $0 < \epsilon_1 \ll 1$  is a small regularizing parameter avoiding the singularity due to the nondifferentiability of the TV functional when  $\nabla \phi = 0$ . This explicit scheme linearizes the highly nonlinear oscillating diffusion term in (6).

**Elliptic equation** Equation (5) is discretized following a finite difference scheme:

$$0 = \mu D_x^- \left( \frac{D_x^+ \phi}{\sqrt{(D_x^+ \phi)^2 + (D_y^+ \phi)^2 + \epsilon_1}} \right) + \mu D_y^- \left( \frac{D_y^+ \phi}{\sqrt{(D_x^+ \phi)^2 + (D_y^+ \phi)^2 + \epsilon_1}} \right) - \lambda_{in} e_{in} + \lambda_{out} e_{out} - \alpha \nu'_{\epsilon_2}(\phi) \quad (7)$$

where  $\nu'_{\epsilon_2}$  is a smooth approximation of  $\nu'$ , which is a bounded maximal monotone graph.

System of equations obtained by finite differences discretization is solved following a multigrid method. Multigrid methods for numerical analysis are algorithms for solving differential equations using a hierarchy of discretizations between coarser and finer grids. The key idea is that low frequencies in finer grids appear as high frequencies in coarser grids. They can be traced back to the pioneering work of A. Brandt. The typical application for multigrid methods is in the numerical solution of elliptic partial differential equations. Notably, they do not depend on the kind of discretization (finite difference or finite elements). Nevertheless it is known that highly oscillating coefficients in quasilinear equations can deteriorate the performance of this strategy [13]. A great deal of care is needed in order to assess the basic steps of the algorithm. Iterative solvers, such as Gauss-Seidel, have fast smoothing properties but, after few iterations the convergence slows down significantly. Multigrid algorithms take this idea and combine it with a hierarchycal model of equations systems that come from different levels of detail in the problem discretization. There are several kinds of multigrid methods: multilevel methods, bidirectional multigrid and full multigrid. The most simple (multilevel methods) use an aproximated solutions, calculated from some level of discretization, as a seed for the iterative solver. However, the main idea of more advanced multigrid methods is to first approximate a solution in a level of discretization, then calculate the error of the solution from a coarser level and to correct the approximate solution with the computed error.

In the next section we describe our algorithm and compare the results obtained with multilevel, bidirectional and full multigrid.

### 3. Algorithm

Starting with the finite difference discretization scheme (5) we use the frozen coefficient method of Savage and Chen [14] to linearize the elliptic operator. Also a fixed point iteration is implemented to deal with the term  $\nu'_{\epsilon_2}$ . The resulting system of equations can be written in form  $A(x) = b$ . We briefly describe the multigrid methods we used for comparison.

**Multilevel Method:** The equation system  $A(x) = b$  obtained at the finest grid is solved by an iterative method using a seed calculated at a coarser level. This approach is implemented iteratively through several levels starting from the coarsest one.

**Bidirectional multigrid (FAS method):** Let  $\tilde{x}$  be an approximated solution where  $x = \tilde{x} + e$  is the exact solution of  $A(x) = b$  and  $e$  is the error which can be estimated from the residual equation  $r = b - A(\tilde{x})$  solving the residual system  $A(\tilde{x} + e) - A(\tilde{x}) = r$ .

This has the same complexity as the original system  $A(x) = b$ , but we can solve it at a coarser discretisation level, where the system is smaller and easier to solve. Once we have estimated  $e$  at the coarser level, we calculate  $\tilde{e}$  interpolating  $e$  from the coarser level to the finest level and later we do the correction  $\tilde{\tilde{x}} = \tilde{x} + \tilde{e}$ .

The biridirectional multigrid method is based on this scheme of prediction-correction using several levels of discretisation. This approach is also called V-cycle.

**Full multigrid:** Full multigrids methods combine the multilevel approach and the bidirectional implementations. Basically, it is a multilevel method where a bidirectional multigrid is implemented at each level.

The global procedure for liver segmentation is implemented using a multistep approach, consisting of three tightly interleaved steps: preprocessing step, segmentation step, and postprocessing step. The preprocessing and postprocessing step are carried out as in [2]. The segmentation step is as follows:

1. Initialize  $\phi^0$  with a segmentation by Otsu algorithm.
2. Compute  $c_{out}(\phi^n)$ .
3. Solve the system (7) using a multigrid method, obtaining  $\phi^{n+1}$ .
4. Reinitialize  $\phi$  to a binary function.
5. Go to 2 until  $|\phi^n - \phi^{n-1}| < tolerance$

## 4. Results

To test the three multigrid implementations, we used a set of CT images of the liver, acquired at Fundación Hospital de Alcorcón in Madrid. All images are 512x512 pixels. All images were manually segmented by an expert radiologist and automatically using the three versions of the multigrid algorithms with different settings. Results of the segmentation are shown in figure 1, where we considered the parabolic equation by gradient descent, parabolic equation by gradient descent in a multilevel scheme, the elliptic equation in a V-Cycle and the elliptic equation in the full multigrid scheme. The black contour in the top row is the manual segmentation performed by the radiologist and the white (active) contour is the automatic segmentation. Tables 1-4 show, for every method, the symmetric difference between the manual and automatic segmentations and the time taken by the method. Our preliminary results indicate that in terms of time consumption the best algorithm is the V-cycle with five levels which also minimizes the symmetric difference between the automatic and the manual segmentation. On the contrary, the full multigrid performs worst as we increase the number of levels. This, in a different problem but with the same elliptic operator has been observed also in [13].

| Symmetric difference | CPU Time |
|----------------------|----------|
| 3.230599             | 321.156  |

Tabla 1: *Results of gradient descent method*

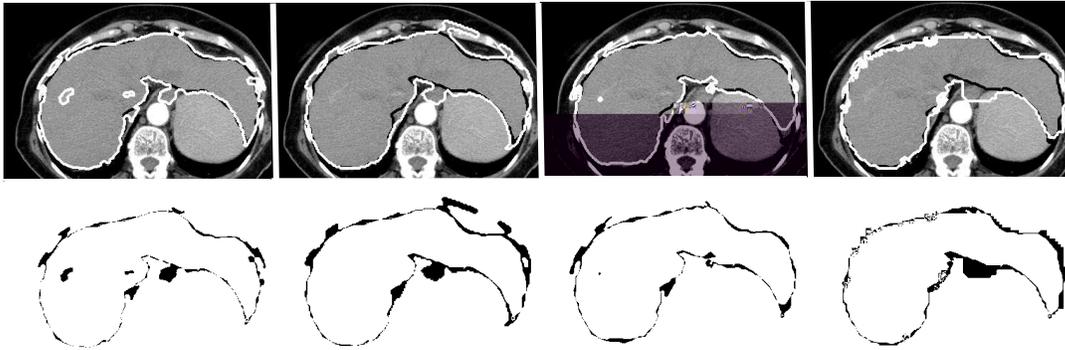


Figure 1: Top row shows manual segmentation (in black) and automatic segmentations (in white), from left to right, parabolic (gradient descent), elliptic with multilevel (2 levels), elliptic with V Cycle (5 levels) and elliptic with full multigrid (3 levels). At the bottom row, the symmetric differences between manual segmentation and automatic segmentation are shown in black.

| Coarse grid size | # Levels | Symmetric difference | CPU Time   |
|------------------|----------|----------------------|------------|
| $2^5 \times 2^5$ | 5        | 3.227273             | 410.688000 |
| $2^6 \times 2^6$ | 4        | 3.229491             | 410.297000 |
| $2^7 \times 2^7$ | 3        | 3.225056             | 401.421000 |
| $2^8 \times 2^8$ | 2        | 3.219513             | 390.516000 |

Tabla 2: Results of multilevel method

## 5. Conclusions and open problems

Real applications (i.e. not phantoms or synthetic images) are always affected by some sort of unknown noise contamination or uncertainty in the grey levels which can deteriorate the final segmentation. Despite of this, we showed that the CV model (which is quite robust with respect to noise) and the low order statistics we introduced in [2] can attract the active contour towards the desired position. Our preliminary numerical results indicate that an iterative smoother can be used successfully but much care is needed choosing the initial parameters  $\lambda_{in}$ ,  $\lambda_{out}$ ,  $\mu$ ,  $\alpha$ . The best results in time have been obtained with the V-cycle (bidirectional) multigrid scheme (see table 3) where we can reach a quite coarse level of discretization without making the solution worse. This is not any more true when the Full multigrid is applied whereas the solution deteriorates in coarser levels of discretization.

Interesting performances of the full multigrid and of the FAS method for the TV operator have been reported in Bruhn *et al.* [1] for the optic flow problem and this suggests to explore their indications in future work. Mathematically we believe that the difficulties associated to the minimization of (4) plead for a rigorous formulation of (5) in terms of a multivalued equation accounting for the maximal monotone graph  $\partial\nu(u)$  which arise in the unconstrained formulation. This, together with a finite elements framework can lead to the definition of new duality methods [3] for the numerical resolution of (5) and shall be considered in future work. More work also has to be done with a view to hybrid methods, able to take into account natural variability and pathology.

| Coarse grid size | # Levels | Symmetric difference | CPU Time |
|------------------|----------|----------------------|----------|
| $2^5 \times 2^5$ | 5        | 3.395788             | 47       |
| $2^6 \times 2^6$ | 4        | 3.852551             | 49.312   |
| $2^7 \times 2^7$ | 3        | 3.968959             | 130.156  |
| $2^8 \times 2^8$ | 2        | 4.300444             | 230.766  |

Tabla 3: Results of V-cycle method

| Coarse grid size | # Levels | Symmetric difference | CPU Time  |
|------------------|----------|----------------------|-----------|
| $2^5 \times 2^5$ | 5        | 34.718403            | 194.9680  |
| $2^6 \times 2^6$ | 4        | 23.050998            | 861.9240  |
| $2^7 \times 2^7$ | 3        | 4.863637             | 1444.6560 |
| $2^8 \times 2^8$ | 2        | 4.996675             | 464.8910  |

Tabla 4: Results of full multigrid method

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