

# *A Note on Nontrivial Periodic Solutions of Dynamical Systems with Subquadratic Potential*

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**ABSTRACT.** We obtain non-constant periodic solutions for a class of second-order autonomous dynamic systems whose potential is subquadratic at infinity. We give a theorem on conjugate points for convex potentials.

## 1. INTRODUCTION

This paper is concerned with the existence of periodic solutions  $u(t)$  of a conservative system of the form

$$u'' + \nabla F(u) = h(t) \tag{1}$$

where  $F \in C^i(\mathbf{R}^N, \mathbf{R})$  ( $i = 1, 2, 3$ ) is subquadratic at infinity and  $h(t)$  is a continuous periodic vector-valued function. Our aim is to show how the saddle-point theorem of Rabinowitz [11], together with results of

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Lazer and Solimini [9] that give supplementary information based on the Morse index of critical points, can be used to obtain in a quite simple way, not only the existence of a periodic solution of (1), but also some basic facts about nontrivial solutions of the autonomous counterpart of (1),

$$u'' + \nabla F(u) = 0. \quad (2)$$

Since our hypotheses (see §2) imply that  $F$  has at least one critical point in  $\mathbf{R}^N$ , the interesting question about (2) is whether there exist nontrivial (i.e. non constant) solutions. We give a condition for this to happen in theorem 2, which may be viewed as a generalization of the well-known fact that, for the pendulum scalar equation

$$u'' + a \sin u = 0,$$

nontrivial oscillations appear only with periods  $T > 2\pi / \sqrt{a}$ .

The text is organized as follows. In section 2 we present an existence result for (1) which will be used in the remaining sections and which lies upon assumptions closely related to those introduced by Ahmad, Lazer and Paul [1]. In section 3, we give a sufficient condition for the existence of non-constant  $T$ -periodic solutions of (2). Finally in section 4, we give a theorem on "conjugate points" for (2), in the convex case. We point out that combining this result with the forementioned background of critical point theory a simple proof of the existence of a solution, with a given minimal period  $T$ , of (2), can be given. This last result has been obtained for general subquadratic Hamiltonian systems by Clarke and Ekeland [5] (see also Ekeland and Hofer [6]). A simple approach in the case where the potential is even was given by Willem [15]. We use a device similar to that of Salvatore [13,14]. Since for convex potentials the Morse-Ekeland index is well-defined, these results may be worked out by adapting the method described in [6], [7] or [10, chapt.7]. Our approach is an alternative to this method; basically it differs from it in the sense that we study the Morse index of a "direct" rather than of a "dual" action functional.

Since many authors have studied the above mentioned problems it would become lengthy to quote a complete bibliography. We therefore confine ourselves to refer in addition to the work of Ambrosetti [2], Ambrosetti and Mancini [3], Benci, Cappozzi and Fortunato [4], Rabinowitz [12], Girardi and Matzeu [8] and also to the book by Mawhin and Willem

[10] for a survey. Their references provide a complement of information in the existing research in this area.

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## 2. EXISTENCE OF A PERIODIC SOLUTION

Suppose that  $F \in C^1(\mathbf{R}^N, \mathbf{R})$  and  $h \in C([0, T], \mathbf{R}^N)$  satisfy the following assumptions. Here  $|\cdot|$  denotes the Euclidean norm of  $\mathbf{R}^N$ .

(A)  $F(u) = o(|u|^2)$  as  $|u| \rightarrow \infty$  ;

(B) There exist  $\eta, \epsilon, R > 0$  such that whenever  $v \in S^{N-1}$ ,  $w \in \mathbf{R}^N$  is such that  $|w - v| \leq \epsilon$ , and  $\rho \geq R$  we have

$$\nabla F(\rho w) \cdot v \geq \eta.$$

(C)  $\int_0^T h(t)dt = 0$ .

**Examples:** (i) Let  $\varphi \in C^1(\mathbf{R}, \mathbf{R})$  be even and set  $F(u) = \varphi(|u|)$ . Then  $F$  satisfies (A)-(B) if and only if  $\lim_{|x| \rightarrow \infty} \varphi(x)/x^2 = 0$  and  $\liminf_{x \rightarrow +\infty} \varphi'(x) > 0$ .

(ii) If  $A(u)$  is a positive definite quadratic form in  $\mathbf{R}^N$ , the function  $F(u) = (1 + A(u))^{1/2}$  satisfies (A)-(B).

(iii) Let  $\varphi, \psi \in C^1(\mathbf{R}, \mathbf{R})$  be such that  $\varphi', \psi'$  are bounded,

$$\lim_{|x| \rightarrow \infty} \frac{\varphi(x)}{x^2} = 0, \quad \lim_{|x| \rightarrow \infty} \frac{\psi(x)}{x^2} = 0,$$

$$\liminf_{x \rightarrow +\infty} \varphi'(x) > 0, \quad \liminf_{x \rightarrow +\infty} \psi'(x) > 0,$$

$$\limsup_{x \rightarrow -\infty} \varphi'(x) < 0, \quad \limsup_{x \rightarrow -\infty} \psi'(x) < 0.$$

Then  $F(x, y) = \varphi(x) + \psi(y)$  satisfies (A)-(B) in  $\mathbf{R}^2$ , and the same holds for any perturbation of the form  $F(x, y) + G(x, y)$  where  $G \in C^1(\mathbf{R}^2, \mathbf{R})$  satisfies  $\nabla G(u) \rightarrow 0$  as  $|u| \rightarrow \infty$ .

Assumptions (A), (B) are close to the following, which have been introduced by Ahmad, Lazer and Paul [1] in studying Dirichlet problems:

(A\*)  $\nabla F(u)$  is bounded in  $\mathbf{R}^N$ ;

(B\*)  $\lim_{|u| \rightarrow \infty} F(u) = +\infty$ .

In this sense our first theorem is a variation on the results of [1] which, as shown in [10, chap.4] still holds for the periodic boundary condition.

**Theorem 1.** *Let  $F \in C^1(\mathbf{R}^N, \mathbf{R})$  and  $h \in C([0, T]; \mathbf{R}^N)$  satisfy (A)-(B)-(C), or (A\*)-(B\*)-(C). Then the system (1) has at least one solution  $u(t)$  such that  $u(0) = u(T)$  and  $u'(0) = u'(T)$ .*

**Proof.** We need only consider the first set of assumptions, since the proof in the other case is well known (cf. [10]). Throughout the paper we shall make use of the functional

$$J(u) = \int_0^T \left( \frac{|u'|^2}{2} - F(u) + h(t) \cdot u \right) dt$$

(where  $\cdot$  denotes the scalar product of  $\mathbf{R}^N$ ) which is well-defined in the Hilbert space  $H_T^1 \equiv \{u \in H^1(0, T; \mathbf{R}^N) : u(0) = u(T)\}$ . Moreover  $J \in C^1(H_T^1, \mathbf{R})$ . We shall obtain a critical point of  $J$  by means of the saddle-point theorem of Rabinowitz [11]. By well-known arguments, such a critical point is a solution of class  $C^2$  of (1) as in the statement of the theorem. We now verify the hypotheses of the saddle-point theorem with respect to the direct sum decomposition  $H_T^1 = \mathbf{R}^N \oplus \tilde{H}$  where  $\mathbf{R}^N$  is identified with the subspace of constant functions and  $\tilde{H}$  consists of those  $u \in H_T^1$  such that  $\int_0^T u \, dt = 0$ . Namely, we must show that:

- (i)  $J$  is bounded from below in  $\tilde{H}$ ;
- (ii)  $\lim_{|c| \rightarrow \infty} J(c) = -\infty$  if  $c \in \mathbf{R}^N$ ;
- (iii)  $J$  satisfies the Palais-Smale condition.

**Proof of (i).** This is a straightforward consequence of the fact that for any  $\epsilon > 0$  we can find  $C > 0$  such that  $F(u) \leq \epsilon|u|^2 + C$  for all  $u \in \mathbf{R}^N$ , together with the Wirtinger inequality

$$\frac{4\pi^2}{T^2} \int_0^T |u|^2 dt \leq \int_0^T |u'|^2 dt, \quad u \in \tilde{H},$$

and the hypothesis (C).

**Proof of (ii).** It obviously suffices to show that  $F(c) \rightarrow +\infty$  as  $|c| \rightarrow \infty$  in  $\mathbf{R}^N$ . Now if  $c \in \mathbf{R}^N$ ,  $|c| > R$ , let  $d = Mc/|c|$  and write

$$F(c) - F(d) = |c - d| \int_0^1 \nabla F(d + t(c - d)) \cdot \frac{c - d}{|c - d|} dt.$$

Assumption (B) implies  $F(c) \geq \eta|c - d| + K$ , where  $K = \min\{F(z) : |z| = M\}$ , and (ii) follows.

**Proof of (iii).** Let  $(u_n)$  be a sequence in  $H_T^1$  such that  $J(u_n)$  is bounded and  $J'(u_n) \rightarrow 0$ . Consider the decomposition  $u_n = a_n + w_n$  where  $a_n \in \mathbf{R}^N$ ,  $w_n \in \tilde{H}$ . Given  $\epsilon > 0$  there exists  $C_1 > 0$  such that

$$\begin{aligned} \int_0^T \left( \frac{|w_n'|^2}{2} + hw_n \right) dt &\leq \epsilon \int_0^T |u_n|^2 dt + C_1 \\ &\leq \epsilon T |a_n|^2 + \epsilon \int_0^T |w_n|^2 dt + C_1. \end{aligned}$$

Then if  $\|\cdot\|$  denotes a norm in  $H_T^1$  and  $C_i$  are constants independent on  $n$  we obtain

$$\|w_n\|^2 \leq \epsilon C_2 |a_n|^2 + C_3. \tag{3}$$

We claim that  $|a_n|$  is bounded. If this is not the case, then along some subsequence (still denoted  $a_n$ ) the preceding inequality implies  $\|w_n\|/|a_n| \rightarrow 0$ . Now let  $z_n(t) = w_n(t)/|a_n|$ . We obtain

$$u_n(t) = |a_n|(v_n + z_n(t)) \tag{4}$$

where  $v_n = a_n/|a_n|$  and  $z_n(t) \rightarrow 0$  uniformly in  $[0, T]$ . We may suppose that  $v_n \rightarrow v$  in  $S^{N-1}$ . Since

$$\langle -J'(u_n), v \rangle = \int_0^T \nabla F(u_n(t)) \cdot v dt,$$

(B), (4) and Fatou's lemma allow us to conclude that

$$\liminf_{n \rightarrow \infty} \langle -J'(u_n), v \rangle \geq T\eta > 0,$$

a contradiction which proves the claim. By virtue of (3),  $u_n(t)$  is bounded in  $H_T^1$ . By standard results,  $(u_n)$  contains a convergent subsequence. The proof is complete. ■

### 3. AUTONOMOUS SYSTEMS

We now turn to the autonomous system (2). We suppose that  $F$  is  $C^2$  and still satisfies (A)-(B). Theorem 1 is now a triviality since  $F$  has a minimum in  $\mathbf{R}^N$ , and each critical point of  $F$  is a  $T$ -periodic solution of (2) for any  $T > 0$ .

Let us introduce the following definition and notations. Given  $T > 0$  and a critical point  $\bar{u}$  of  $F$ , we say that  $\bar{u}$  is  $T$ -admissible if the spectrum  $\sigma(F''(\bar{u}))$  does not contain numbers of the form  $4n^2\pi^2/T^2 (n \in \mathbf{Z})$ . If  $\bar{u}$  is a  $T$ -admissible critical point of  $F$ , we accordingly number the eigenvalues of  $F''(\bar{u})$  as

$$\lambda_1(\bar{u}) \leq \dots \leq \lambda_k(\bar{u}) < 0 < \lambda_{k+1}(\bar{u}) \leq \dots \leq \lambda_N(\bar{u})$$

(so that  $k$  is the index of  $\bar{u}$  as a critical point of  $F$ ) and denote by  $n = n(\bar{u})$  the greatest integer with the property  $4n^2\pi^2/T^2 < \lambda_{k+1}(\bar{u})$ , provided that  $k < N$ .

For the statement of the next theorem we also include the condition:

(C\*) There exists  $R > 0$  such that  $\nabla F(u) \neq 0$  if  $|u| \geq R$ .

**Theorem 2.** *Let  $F \in C^2(\mathbf{R}^N, \mathbf{R})$  satisfy (A)-(B) or (A\*)-(B\*)-(C\*) and suppose that each critical point of  $F$  is  $T$ -admissible. If for each such critical point  $\bar{u}$  one of the following conditions is satisfied*

(i)  $(N - k) + 2n(N - k) > N$

(ii)  $(N - k) + 2n(N - k) < N$  and  $\lambda_N(\bar{u}) < 4(n + 1)^2\pi^2/T^2$

then (2) has a non-constant  $T$ -periodic solution.

**Remark.** (a) (i) always holds at a local minimum provided  $n = n(\bar{u}) \geq 1$ . (ii) always holds at a local maximum. In  $\mathbf{R}^2$  each critical

point of index 1 satisfies (i) or (ii). If  $k = N$ ,  $n$  is undefined but we take  $2n(N - k) = 0$ .

(b) If  $F$  has only one critical point  $\bar{u}$  (a minimum) the theorem asserts that there exists a  $T$ -periodic non-constant solution provided that  $T > 2\pi\sqrt{\lambda_1(\bar{u})}$ .

**Proof.** Since each critical point of  $F$  is  $T$ -admissible, it is nondegenerate; assumption (B) or assumption (C\*) thus implies that the set of critical points of  $F$  is finite. On the other hand the second derivative of  $J$  at  $\bar{u}$  is the quadratic form

$$J''(\bar{u})(v) = \int_0^T (|v'|^2 - F'''(\bar{u})v \cdot v)dt, \quad v \in H_T^1.$$

Since the linear system

$$v'' + F''(\bar{u})v = 0$$

has no nontrivial  $T$ -periodic solution,  $J''(\bar{u})$  is nondegenerate. On the other hand the Morse index of  $\bar{u}$  as a critical point of  $J$  (that is the index of  $J''(\bar{u})$ ) is (see [10],chap.9) no smaller than  $(N - k) + 2n(N - k)$ , with equality if  $n = n(\bar{u})$  satisfies  $\lambda_N(\bar{u}) < 4(n + 1)^2\pi^2/T^2$ . It follows that if either (i) or (ii) holds, the Morse index of  $\bar{u}$  is different from  $N$ .

Assume that (2) has no solution distinct from the critical points of  $F$ . Then lemma 1.1 in [9] is applicable and it implies the existence of a critical point of  $J$  with Morse index  $N$ , a contradiction. This ends the proof. ■

**Remark.** Theorem 2 may be proved by using Morse inequalities instead of explicit resource to lemma 1.1. in [9]. In fact, assume that the set of critical points of  $J$  coincides with that of  $F$ , let  $c_1 < \dots < c_p$  be the distinct critical values of  $J$  and choose  $a < c_1$  such that  $a < \inf\{J(u) : u \in \bar{H}\}$ . Let  $D$  be a closed disk centered at the origin in  $\mathbf{R}^N$  such that its boundary  $S$  is contained in  $J^a$ , and choose  $b > \max\{c_p, \max_D J\}$ . Then we have a commutative diagram of homomorphisms

$$\begin{array}{ccc}
 H_N(D, S) & \xrightarrow{\partial_N} & \tilde{H}_{N-1}(S) \\
 i_N \downarrow & & \downarrow j_N \\
 H_N(J^b, J^a) & \xrightarrow{\partial'_N} & \tilde{H}_{N-1}(J^a)
 \end{array}$$

where the homology groups are taken over the real numbers and the vertical arrows are induced by inclusions. ( $\tilde{H}$  denotes reduced homology.) The arguments in the proof of lemma 1.1. of [9] show that  $j_N \neq 0$ ; since  $\partial_N$  is an isomorphism it follows that  $H_N(J^b, J^a) \neq 0$ . If  $m_N = m_N(J^b, J^a)$  is the number of critical points of  $J$  with index  $N$  it follows that  $m_N \geq \dim H_N(J^b, J^a) \geq 1$ , a contradiction with (i)-(ii). Thus we see that the saddle-point theorem geometrical setting might be replaced by the more general condition that for some regular value  $a$  of  $J$  we have  $S \subset J^a$  and that this inclusion induces a nontrivial homomorphism  $j_N$  in homology.

#### 4. CONJUGATE POINTS. SOLUTIONS WITH GIVEN MINIMAL PERIOD:

In this section we assume that  $F$  is convex. More precisely we introduce the following assumption

(D)  $F \in C^3(\mathbf{R}^N, \mathbf{R})$  and  $F''(\bar{u})$  is positive definite for each  $\bar{u} \in \mathbf{R}^N$ .

In the sequel we shall use the following form of a theorem of Benci and Fortunato. See Salvatore [13] for a more general statement and proof.

**Theorem 3.** *Let  $X$  be a Hilbert space,  $\delta_0$  a given positive number and  $\{a_\delta : |\delta| \leq \delta_0\}$  a family of continuous, quadratic forms such that*

(i) *for each  $\delta$  there exist  $m_\delta > 0$  and a weakly sequentially continuous quadratic form  $b_\delta$  such that  $a_\delta + m_\delta b_\delta$  is a inner product equivalent to the one given in  $X$ .*

(ii) *there exists  $\nu > 0$  such that*

$$\left. \frac{d}{d\delta} \right|_{\delta=0} a_\delta(x, x) \leq -\nu \|x\|^2 \quad \forall x \in X_0$$



where  $X_0 = \{u \in X : a_0(u, v) = 0 \forall v \in X\}$ .

(iii) there exists  $M > 0$  such that

$$|a_\delta(x, y) - a_0(x, y)| \leq M\delta \|x\| \|y\|, \forall x, y \in X.$$

Then there exists  $\delta_1 > 0$  such that whenever  $-\delta_1 < \xi < 0 < \eta < \delta_1$  we have

$$\begin{aligned} \text{index of } a_\eta &= \text{index of } a_0 + \dim X_0, \\ \text{index of } a_\xi &= \text{index of } a_0. \quad \blacksquare \end{aligned}$$

Now let  $\bar{u}(t)$  be a non constant solution of (3) with period  $T > 0$ . The linear system

$$z'' + F''(\bar{u}(t))z = 0 \tag{5}$$

has the nontrivial solution  $z = \bar{u}'(t)$ .

We say that a number  $S \in (0, T]$  is conjugate to 0 with respect to  $\bar{u}$  if and only if (5) admits a nontrivial  $S$ -periodic solution. The multiplicity of  $S$  as a point conjugate to 0 is, by definition, the dimension of the subspace of  $S$ -periodic solutions to (5).

By performing the change of independent variable  $t = (S/T)\tau$  we may reformulate the above definition as follows:  $S$  is conjugate to 0 with respect to  $\bar{u}$  if and only if the system

$$(T^2/S^2)v'' + F''(\bar{u}_S(\tau))v = 0, \bar{u}_S(\tau) = \bar{u}\left(\frac{S}{T}\tau\right), \tag{6}$$

admits a nontrivial  $T$ -periodic solution  $v(\tau)$ , the multiplicity of  $S$  as a conjugate of 0 being the dimension of the subspace formed by such solutions. Let us define a function  $m : (0, T] \rightarrow \mathbf{N}_0$  by setting  $m(S) =$  index in  $H_T^1$  of the quadratic form

$$Q_S(v) = \int_0^T \left[ (T^2/S^2) |v'|^2 - F''(\bar{u}_S)v \cdot v \right] d\tau.$$

Let us remark that  $Q_T = J''(\bar{u})$ , so that  $m(T)$  is the Morse index of  $\bar{u}$  as a critical point of  $J$ . The study of the function  $m$  will be based on theorem 3. We proceed to show that the family  $\{Q_{S+\delta}\}$ , where  $|\delta|$  is small, satisfies the hypotheses of that theorem.

**Lemma 1.** *Let  $F$  satisfy (D). Then given  $S \in (0, T]$  there exists  $k > 0$  such that, for any  $T$ -periodic solution  $v(\tau)$  of (5):*

$$\left. \frac{d}{d\delta} \right|_{\delta=0} Q_{S+\delta}(v) \leq -K \|v\|^2.$$

**Remark.** Since the space of solutions of (6) is finite-dimensional the choice of the norm for  $v$  is irrelevant.

**Proof.** We have

$$\begin{aligned} \frac{d}{d\delta} Q_{S+\delta}(v) &= \int_0^T \left[ -\frac{2T^2}{(S+\delta)^3} |v'|^2 - \frac{\tau}{T} \sum_{i,j,k} \frac{\partial^3 F}{\partial x_i \partial x_j \partial x_k} \right. \\ &\quad \left. (\bar{u}(\frac{S+\delta}{T}\tau)) \bar{u}'_k(\frac{S+\delta}{T}\tau) v_i(\tau) v_j(\tau) \right] d\tau = \\ &= \int_0^T \left[ -\frac{2T^2}{(S+\delta)^3} |v'|^2 - \frac{T}{S+\delta} \frac{\tau}{T} \sum_{i,j,k} \frac{\partial^3 F}{\partial x_i \partial x_j \partial x_k} \right. \\ &\quad \left. (\bar{u}_{S+\delta}(\tau)) \bar{u}'_{S+\delta,k}(\tau) v_i(\tau) v_j(\tau) \right] d\tau \end{aligned}$$

so that

$$\left. \frac{d}{d\delta} \right|_{\delta=0} Q_{S+\delta}(v) = \int_0^T \left[ -\frac{2T^2}{S^3} |v'|^2 - \frac{\tau}{S} \sum_{i,j,k} \frac{\partial^3 F}{\partial x_i \partial x_j \partial x_k} (\bar{u}_S) \bar{u}'_{S,k} v_i v_j \right] d\tau.$$

In order to compute the triple sum let us note that (6) implies

$$\frac{T^2}{S^2} \frac{d}{d\tau} (v \cdot v'') + \sum_{i,j,k} \frac{\partial^3 F}{\partial x_i \partial x_j \partial x_k} (\bar{u}_S) \bar{u}'_{S,k} v_i v_j + 2 \sum_{i,j} \frac{\partial^2 F}{\partial x_i \partial x_j} (\bar{u}_S) v'_i v_j = 0$$

and on account of (6) again the last summand equals  $-(2T^2/S^2)v' \cdot v''$ , whence

$$\sum_{i,j,k} \frac{\partial^3 F}{\partial x_i \partial x_j \partial x_k} (\bar{u}_S) \bar{u}'_{S,k} v_i v_j = \frac{T^2}{S^2} \frac{d}{d\tau} (|v'|^2 - v \cdot v''),$$

$$\begin{aligned} \frac{d}{d\delta} \Big|_{\delta=0} Q_{S+\delta}(v) &= \int_0^T \left[ -\frac{2T^2}{S^3} |v'|^2 - \frac{T^2}{S^3} \tau \frac{d}{d\tau} (|v'|^2 - v \cdot v'') \right] d\tau \\ &= \frac{T^2}{S^3} \left( \int_0^T -2|v'|^2 d\tau - \left[ \tau(|v'|^2 - v \cdot v'') \right]_0^T \right) + \\ &\quad + \int_0^T (|v'|^2 - v \cdot v'') d\tau \\ &= -\frac{T^3}{S^3} \left( |v'(T)|^2 - v(T) \cdot v''(T) \right) \\ &= -\frac{T^3}{S^3} \left( |v'(T)|^2 + \frac{S^2}{T^2} F''(\bar{u}_S(T)) v(T) \cdot v(T) \right). \end{aligned}$$

Therefore the lemma follows from the facts that  $F''$  is positive definite and that the expression  $(|v'(T)|^2 + a|v(T)|^2)^{1/2}$ , where  $a > 0$ , is a norm in the space of solutions of (6). ■

**Lemma 2.** *Let  $S \in (0, T]$  and  $\delta_0 > 0$  be given, so that  $|\delta_0| < S/2$ . Then there exists  $M > 0$  so that*

$$|Q_{S+\delta}(x, y) - Q_S(x, y)| \leq M|\delta| \|x\| \|y\|, \quad x, y \in H_T^1, \quad |\delta| \leq |\delta_0|.$$

**Proof.** We have

$$\begin{aligned} &Q_{S+\delta}(x, y) - Q_S(x, y) = \\ &\int_0^T \left[ \frac{T^2}{S + \delta^2} x' \cdot y' - \frac{T^2}{S^2} x' \cdot y' - (F''(\bar{u}_{S+\delta}) - F''(\bar{u}_S)) x \cdot y \right] d\tau. \end{aligned}$$

There exists  $C > 0$  so that

$$\left| \frac{T^2}{(S+\delta)^2} - \frac{T^2}{S^2} \right| = \frac{T|\delta|}{S(S+\delta)} \cdot \left( \frac{T}{S+\delta} + \frac{T}{S} \right) \leq C|\delta|$$

if  $|\delta| \leq \delta_0$ . On the other hand, the  $(i, j)$ -entry of the matrix  $F''(\bar{u}_{S+\delta}) - F''(\bar{u}_S)$  is

$$\begin{aligned} & \frac{\partial^2 F}{\partial x_i \partial x_j} \left( \bar{u} \left( \frac{S+\delta}{T} \tau \right) \right) - \frac{\partial^2 F}{\partial x_i \partial x_j} \left( \bar{u} \left( \frac{S}{T} \tau \right) \right) = \\ & \frac{\delta}{T} \tau \sum_k \frac{\partial^3 F}{\partial x_i \partial x_j \partial x_k} (\bar{u}(\xi)) \bar{u}'_k(\xi) \end{aligned}$$

for some  $\xi$  in the interval with end points  $(S/T)\tau$  and  $((S+\delta)/T)\tau$ . Then there exists  $C_1 > 0$  such that (denoting by  $|| \cdot ||$  a norm in the space of  $N \times N$  matrices)

$$|F''(\bar{u}_{S+\delta}) - F''(\bar{u}_S)| \leq \frac{C_1 \tau}{T} |\delta|.$$

Hence

$$\begin{aligned} |Q_{S+\delta}(x, y) - Q_S(x, y)| & \leq |\delta| \int_0^T \left( C|x' \cdot y'| + \frac{C_1 \tau}{T} |x \cdot y| \right) d\tau \\ & \leq |\delta| M \|x\| \|y\| \quad \blacksquare \end{aligned}$$

where  $M = \max(C, C_1)$ .

**Lemma 3.** *If  $S > 0$  is sufficiently small we have  $m(S) = N$ .*

**Proof.** Since  $Q_S$  is negative definite in the subspace  $\mathbf{R}^N$ , it follows that  $m(Q_S) \geq N$  for all  $S \in (0, T]$ . However, if  $b > 0$  is such that  $F''(\bar{u}_S(\tau)) \leq b$  for all  $\tau \in [0, T]$  it turns out that

$$Q_S(v) \geq \int_0^T [(T^2/S^2)|v'|^2 - b|v|^2] dt.$$

Now the quadratic form in the right-hand side is positive definite in  $\tilde{H}$  whenever  $b < 4\pi^2/S^2$ , as follows from the Wirtinger inequality. Thus clearly  $m(S) = N$  for these values of  $S$ . ■

Following a pattern similar to that of Salvatore [13,14] in order to study minimality for some wave equations, we can now establish:

**Theorem 4.** *Let  $F \in C^3(\mathbf{R}^N, \mathbf{R})$  be such that  $F''(u)$  is positive definite for all  $u \in \mathbf{R}^N$  and  $\bar{u} = \bar{u}(t)$  a non constant  $T$ -periodic solution of (2). Then the Morse index of  $\bar{u}$  as a critical point of  $J$  is given by*

$$m(Q_T) = \gamma + N$$

where  $\gamma$  is the count of conjugate points to 0 in  $(0, T)$  with respect to  $\bar{u}$ , each one taken as many times as its multiplicity.

**Proof.** According to Theorem 3 and Lemmas 1 and 2, the integer valued function  $S \mapsto m(Q_S)$  is increasing and left continuous; it has a discontinuity at a point  $S$  if and only if  $S$  is conjugate to 0 with respect to  $\bar{u}$ , its jump being given by the multiplicity of  $S$  as a conjugate point. The theorem follows from these remarks together with Lemma 3. ■

We illustrate the use of this theorem on conjugate points by giving a proof of a version for (2) of a theorem of Clarke and Ekeland [5] (see also [6,2]), still using the theory of Lazer and Solimini [9].

When  $F''$  is positive definite,  $F$  can have only one critical point. We therefore suppose that the only critical point of  $F$  is the origin and we let  $0 < \lambda_1 \leq \dots \leq \lambda_N$  be the eigenvalues of  $F''(0)$ .

**Theorem 5.** *Assume that  $F$  satisfies (A),(B),(D). Then if  $T > 2\pi/\sqrt{\lambda_1}$ , (2) has at least one solution with minimal period  $T$ .*

**Proof.** The hypothesis  $T > 2\pi/\sqrt{\lambda_1}$  clearly implies that the Morse index of 0 as a critical point of  $J$  is at least  $3N$ . By Theorem 2.4 in [9] we conclude that  $J$  has a (non constant) critical point  $\bar{u}(t)$  with Morse index  $\leq N$ . Suppose that the minimal period of  $\bar{u}(t)$  is  $T/m$ , where  $m \in \mathbf{N}$ . Then there exist at least  $m - 1$  conjugate points to 0 in  $(0, T)$ . Theorem 4 implies  $N \geq m - 1 + N$ . Therefore  $m = 1$  and the proof is complete. ■

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